

# Loss Control Newsletter

Kansas Automobile Dealers Workers' Compensation Fund

This newsletter is distributed to you by the Kansas Automobile Dealers Workers' Compensation Fund (KADWCF) to increase the awareness of and stress the importance of safe work practices.

## Hand Protection – Handle with Care

Next to your eyes, your hands are probably the most important part of your body when it comes to doing your work. They are involved in almost everything you do. Yet many of the things you do with our hands are done without any deliberate thought. Your hands have no fear. They will go anywhere they are sent and they only act as wisely as the person they belong to; so before you use your hands, think of their safekeeping.



Here are the most common types of hand injuries and what you can do to prevent them:

**Traumatic injuries** often occur from careless use of machinery or tools. Hands and fingers get caught, pinched or crushed in chains, wheels, rollers, or gears. They are punctured, torn or cut by spiked or jagged tools and edges that shear or chop. Safety precautions should include using shields, guards, gloves, or safety locks; handling knives or tools with care; and keeping hands, jewelry and clothing away from moving parts.

**Contact injuries** result from contact with solvents, acids, cleaning solutions, flammable liquids and other substances that can cause burns or injure tissue. To protect against these injuries, read the product labels, use the correct protective glove or barrier cream, and wash hands frequently.

**Repetitive motion** injuries happen when tasks require repeated, rapid hand movements for long periods of time. Servicing, repairing, or computer work may lead to these injuries. Change your grip, hand position, or motion. If possible, rotate tasks to give your hands a rest. Take frequent breaks to perform flexing/stretching exercises of the hands and wrists to limit the impact of repetitive motions.

You can avoid hand injuries by remembering the following basic safety rules:

- Recognize hazards associated with work tasks before you begin those tasks.
- Think through each job before starting the job.
- Follow all dealership safety rules.
- Avoid taking shortcuts.
- If an accident happens, seek immediate treatment.
- Report injuries to your supervisor.

**The effects of hand injuries can last a lifetime. Always take precautions to guard and protect your hands.**

If you have any questions regarding this newsletter or for additional loss control information, please contact Mark Valentine at 816-698-4611 or via email at [mark.valentine@aon.com](mailto:mark.valentine@aon.com).



# Hand Protection

safety is  
**everyone's**  
responsibility...

and, healthy hands will last a  
lifetime!



Make a difference every day

The Kansas Automobile Dealers Workers'  
Compensation Fund (KADWCF) - increasing  
the awareness of employee safety and stressing  
the importance of safe work practices.

